

SOUTH WEST VETS AC TRACK & FIELD CHAMPIONSHIP RECORDS

Last updated 20 October 2009

Long Hurdles

300m Hurdles

M60	57.4	Brian Loten	2003
M65	53	Les Williams	1988
M70	57.4	Les Williams	1992
W50	56.3	Jean Fail	2001

400m Hurdles

M40	59.8	Neil Tunstall	2004
M45	64.7	Tyrone R Lewis	1994
M50	68.2	Ian Cann	1994
M55	89.9	Terence Stirzaker	2002
M60	80.7	Brian Chillery	2002
W35	68.8	Carole Smith	1996
W40	70.8	Carole Smith	1997
W45	74.3	Jean Fail	1995